

Stepping Hill Hospital
SK2 7JE
www.stockport.nhs.uk



Greater Manchester Integrated Care Partnership

Your journey to hospital

We want our hospital sites to be safe, welcoming, and environmentally sustainable. This leaflet has been created to support that ambition.

Not only will it show you your different travel options to hospital, but it will also show what support is available for each option.



This map shows sustainable travel options to Stepping Hill Hospital, including walking, cycling and public transport routes, along with nearby connections, safe crossings and key entrances to support a low-carbon journey.

You can plan your journey here:
www.tfgm.com/plan-a-journey

Use What 3 Words to find out precise locations of our hospital main entrances:

- Main Entrance Oak House: later.noses.cafe
- Maternity: blues.port.window
- Outpatients B: public.entertainer.making
- Ward A1: minus.chair.issued
- Taxi Drop Off (Ward A1): minus.chair.issued

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together **GREATER MANCHESTER**
we are

Walking / wheeling

- Walking / wheeling (e.g. using a wheelchair) is simple, free and one of the easiest ways to get more active and become healthier.
- We know walking / wheeling the whole way isn't viable for everyone – however, walking might be part of your journey to hospital.
- To find the best way to walk or wheel to hospital, use the map on the other side of this leaflet.



Cycling / scooting

- 150 minutes of moderate exercise a week can boost your mood, sleep quality and energy, as well as reducing your risk of stress.
- Don't feel too confident with your skills on wheels? Not a problem, visit: beeactive.tfgm.com/cycling/courses-and-bike-maintenance
- To see your traffic-free and low-traffic routes, use the map on the other side of this leaflet.



Bus / tram / train

- If you can't cycle / scoot or walk / wheel, public transport may be suitable for all or part of your journey.
- You can find ticket information on the Bee Network app, which you can download through The App Store or Google Play on Android, or visit: beenetwork.com/tickets-and-passes
- To see your closest public transport options, use the map on the other side of this leaflet.

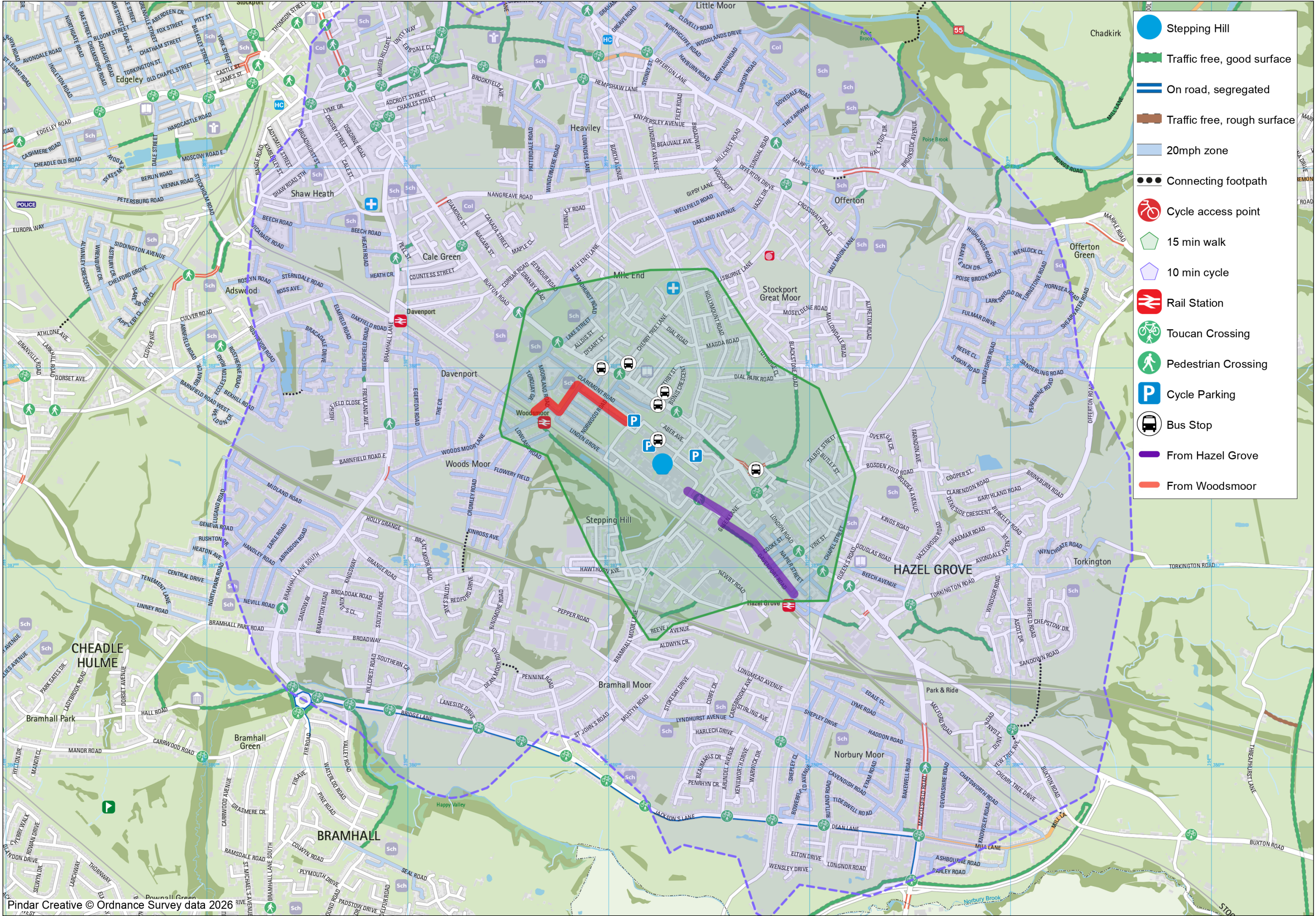
Difficulty using public transport?

Consider these alternatives:

- You may be able to use a Community Transport Service to get to the hospital – you can find out more here, visit: gmintegratedcare.org.uk/find-a-service/type/transport-services
- Ring and Ride offers an accessible, low-cost minibus service for people who have difficulty in using public transport services, visit: tfgm.com/public-transport/ring-and-ride-minibuses
- Local Link offers a flexible transport service for local journeys where public transport options are limited, visit: beenetwork.com/ways-to-travel/bus/local-link

Financial support with travel

- The NHS Healthcare Travel Costs Scheme (HTCS) reimburses travel expenses for patients on low incomes who attend hospital or specialist appointments after a GP referral.
- To claim, you must show proof of eligibility and travel receipts at the hospital or submit an HC5 form within three months.
- To find out more information, visit: nhs.uk/nhs-services/help-with-health-costs/healthcare-travel-costs-scheme-htcs
- To find out if any other support is available to you, please contact your patient advice and liaison services (PALS) by visiting: nhs.uk/service-search/other-health-services/patient-advice-and-liaison-services-pals



- Stepping Hill
- Traffic free, good surface
- On road, segregated
- Traffic free, rough surface
- 20mph zone
- Connecting footpath
- Cycle access point
- 15 min walk
- 10 min cycle
- Rail Station
- Toucan Crossing
- Pedestrian Crossing
- Cycle Parking
- Bus Stop
- From Hazel Grove
- From Woodsmoor