

MEDICAL SDEC

Direct Referrals to Medical Same Day Emergency Care

- Do you have a patient who is presenting unwell requiring acute medical attention?
- **THINK** Medical SDEC when considering sending a patient to an Emergency department (ED)

Medical conditions that may be suitable for Medical SDEC are listed below (*this list is not exhaustive*):

- Abnormal liver function
- Anaemia
- Arrhythmias
- Ascites
- Chronic Obstructive Pulmonary Disease (COPD)
- Community Associated Pneumonia
- Congestive Cardiac Failure
- Electrolyte Imbalance
- Full leg swelling ?DVT
- Headache
- Hypoglycaemia/Hyperglycaemia (excluding DKA)
- Inflammatory Bowel Disease
- Low risk AKI
- Low risk chest pain
- Lower leg cellulitis
- Lower respiratory tract infection
- Pleural effusion/Pneumothorax
- Pulmonary Embolism
- Upper GI bleed

Exclusion Criteria

- Age > 16 years
- Specialised pathways – Acute MI for PPCI, Stroke, ENT, Sepsis etc.
- NEWS2 of 3 in single parameter or >5 in total (unless can be explained as chronic) or a new oxygen requirement
- Will require admission to Hospital for specialist input/ongoing treatment
- Unable to be managed in a seated clinic area (i.e.: bedbound)
- Trauma related injuries
- Upper limb/facial cellulitis
- Not safe to be left unattended or needs 1:1 support
- Intoxicated – under the influence of excess alcohol or drugs.
- Acute confusion
- Mental Health presentations
- Unable to be discharged on same day (eg. due to social reasons)
- Acute onset abdominal pain
- Upper limb/joint swelling
- Lower leg swelling ?DVT (stream to UTC), unless in pregnancy

For advice regarding individual patients and their suitability for Medical SDEC, phone 0161 419 4567 (Monday – Friday 08:00-00:00, Saturday-Sunday & BHs 08:00-22:00) to discuss with the clinician or senior decision maker within the SDEC unit. Referrals may be deferred to the next day depending on the time of referral.