



Supporting our Smokefree Trust

In order to look after the health of our staff, patients and visitors, we ask you politely not to smoke while you are on the hospital grounds.

If you would like support and advice to quit smoking, our Pharmacy shop on the main corridor can help you with further information, so just pop along and have a chat with a Pharmacy stop smoking advisor.

Alternatively, the following Advice and Services are available to you:

Stockport Stop Smoking Service, ABL Health
stockportwellness@ablhealth.co.uk | **0161 870 6492**
For confidential stop smoking advice and support.

NHS Choices & National Smokefree Helpline
www.nhs.uk/live-well/quit-smoking | **0300 123 1044**

Stop Smoking Midwife
Contact our Hospital Switchboard on **0161 483 1010**
and ask for the Stop Smoking Midwife

	Grazed knee. Sore throat. Cough. Stock your medicine cabinet.	Self-care
	Unwell? Unsure? GP surgery closed? Need help?	NHS 111
	Diarrhoea. Runny nose. Painful cough. Headache.	Pharmacy
	Vomiting. Ear pain. Stomach ache. Back ache.	GP surgery
	Choking. Chest pain. Blacking out. Blood loss.	Stepping Hill Hospital A&E or 999 Emergencies only

If you require the leaflet in large print, another language, an audio tape or braille, Please contact:
Patient and Customer Services
Tel: 0161 419 5678 Email: PCS@stockport.nhs.uk

PIL No	GEN11610	Pub Date	Feb 2024	Rev Date	Feb 2026
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NATIONAL DATA OPT-OUT

INFORMATION GOVERNANCE

Patient Information Leaflet

YOUR DATA MATTERS TO THE NHS

Information about your health and care helps us to improve your individual care, speed up diagnosis, plan your local services and research new treatments.

In May 2018, the strict rules about how this data can and cannot be used were strengthened. The NHS is committed to keeping patient information safe and always being clear about how it is used.

You can choose whether your confidential patient information is used for research and planning.

To find out more visit:
nhs.uk/your-nhs-data-matters

HOW YOUR DATA IS USED

Your health and care information is used to improve your individual care. It is also used to help us research new treatments, decide where to put GP clinics and plan for the number of doctors and nurses in your local hospital. Wherever possible we try to use data that does not identify you, but sometimes it is necessary to use your confidential patient information.

WHAT IS CONFIDENTIAL PATIENT INFORMATION?

Confidential patient information identifies you and says something about your health, care or treatment. You would expect this information to be kept private. Information that only identifies you, like your name and address, is not considered confidential patient information and may still be used: for example, to contact you if there are changes to NHS services.

WHO CAN USE YOUR CONFIDENTIAL PATIENT INFORMATION FOR RESEARCH AND PLANNING?

It is used by the NHS, local authorities, university and hospital researchers, medical colleges and pharmaceutical companies researching new treatments.

MAKING YOUR DATA OPT-OUT CHOICE

You can choose to opt out of sharing your confidential patient information for research and planning. There may still be times when your confidential patient information is used: for example, during an epidemic where there might be a risk to you or to other people's health. You can also still consent to take part in a specific research project.

WILL CHOOSING TO OPT-OUT AFFECT YOUR CARE AND TREATMENT?

No, your confidential patient information will still be used for your individual care. Choosing to opt out will not affect your care and treatment. You will still be invited for screening services, such as screenings for bowel cancer.

WHAT SHOULD YOU DO NEXT?

You do not need to do anything if you are happy about how your confidential patient information is used.

If you do not want your confidential patient information to be used for research and planning, you can choose to opt out securely online or by telephone.

You can change your choice at any time.

To find out more or to make your choice visit

nhs.uk/your-nhs-data-matters

or call **0300 303 5678**