

STEPPING UP

Winter 2022

Caring County

Stay well this winter

Making a difference awards

Master Chefs

Making a
DIFFERENCE
every day

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Our Treehouse children's unit had a fun visit courtesy of Stockport County football club.

County stars Connor Jennings and Paddy Madden visited the ward complete with their recently won National League trophy, which brought particular delight to 8 year old superfan Bobby Molloy, who regularly goes to watch the team with his dad and grandad.

On another occasion another major fan Archie Middlemas missed out on his chance to be the team mascot due to his hospital visit, but this was more than made up for with a surprise visit from goalie Ben Hincliffe, who also had the trophy.



10th - 14th October 2022
Play
in hospital
Week
at The Treehouse Children's Unit



Our children's unit became a carnival of fun during Play In Hospitals Week.



The Treehouse was chosen as a showcase site for Play In Hospitals week by organisers; the National Association of Health Play Specialists (NAHPS) and national charity Starlight which provides play and distraction services to hospitals and hospices.

The week highlights the benefits of play for children during their hospital visit, which can help reduce anxiety and boredom as an important part of their care and recovery.

With a different theme every day including being proud of who you are, celebrating heroes, fantasy, adventure, nature and wildlife, the unit's play specialist team together with nursing staff organised a wide array of events and activities.

Visitors to the unit included Spiderman, clown doctor Louby Lou from Charity MedEquip4Kids, and firefighters from Offerton fire and rescue station, complete with a real fire engine for children to explore. Games, facepainting, arts and craft, stories and music were all part of the celebrations, enjoyed by children, families and staff alike.



Nutritional support

Our dining companion volunteers are now wearing bright yellow tabards to help identify them on the ward so they can be easily seen by both patients and staff.

The companions offer important support to patients who may have difficulty feeding themselves or who are at risk of malnutrition or dehydration if they didn't get some help.



THE CURE PROJECT

Our CURE team who help patients stop smoking celebrated a big landmark this 'Stoptober' – they have helped smokers save over £1m since they first began work at the hospital two years ago.

With the cost of living rising, they've helped hundreds to save their wealth as well as their health. All inpatients on the hospital site have access to their support.



Brand new professionals

A group of our senior nurses were among the first in the country to take on the new role of Professional Nurse Advocates, a brand new nursing support role.

In addition to their other duties, they are now providing their colleagues with additional empathic care and support during challenging times.

Campus under construction



Building work is now well underway on our new Emergency and Urgent Care campus on the Stepping Hill Hospital site.

The new campus is an exciting £30m project to improve emergency and urgent care for local patients, their families and carers, with a more modern and efficient building, ensuring patients will receive high quality treatment sooner and in a better environment.

The building work is scheduled to finish in March 2024. Until then, there are traffic restrictions on site, with the front area around Oak House Headquarters closed to the public and a one-way traffic system for cars around the site. For more information on this, please see our website.

We are trying to keep disruption to a minimum and we hope you will bear with us as we take these steps to improve our services.

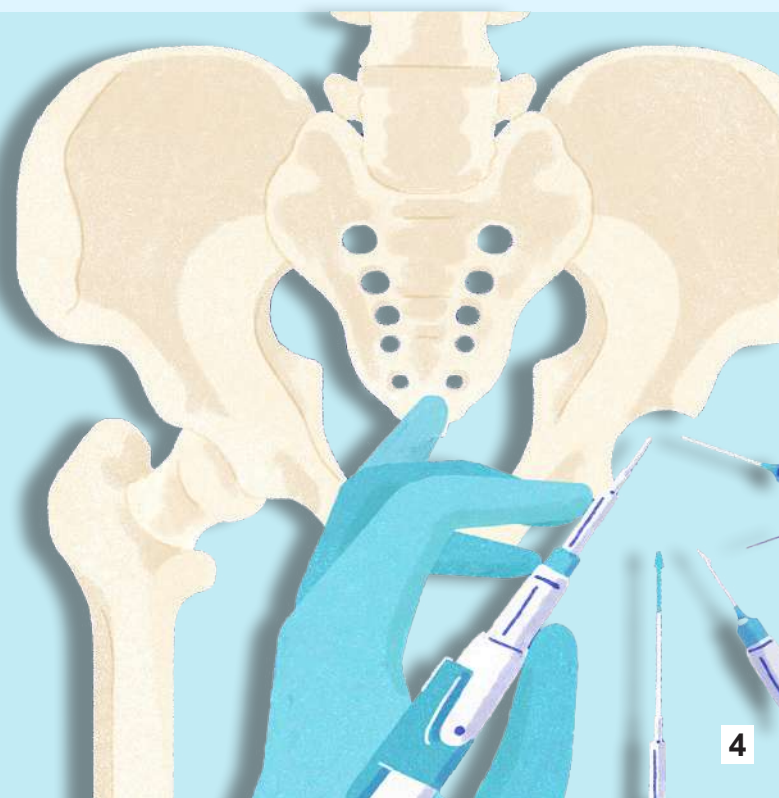


SAFEST FOR JOINT REPLACEMENT SURGERY

We've been confirmed as one of the safest places for joint replacement surgery in the country by the National Joint Registry (NJR) after successfully completing a national programme of local data audits.

The NJR monitors the performance of hip, knee, ankle, elbow and shoulder joint replacement operations to improve clinical outcomes, standards in quality of care, and overall cost-effectiveness.

We have received the title of 'NJR Quality Provider' for the high standard of our surgery and the data we have provided.



An Ultrasound improvement

A new scanner in our maternity unit is now improving the experience of expectant parents throughout their pregnancy.

The new ultrasound scanner means they can receive the scans they need without having to be moved to a different area. The scans will be carried out by specialist midwives, which means mums-to-be have the opportunity to discuss any concerns they may have with their pregnancy, allowing for more joined-up care which in turn leads to improved medical outcomes.

Carrying out the scans within the maternity department also means swifter scans and improved waiting times.



STAY WELL THIS WINTER

Winter can be tough for everyone in Stockport and it adds extra strain on our health services too. With extra pressures this year caused by the rising cost of living, we want to make sure our communities stay warm and well throughout the colder months. This year, we're working closely with Stockport Council and partners to help you look after yourself and each other.

GET VACCINATED



If you're eligible, make sure you get your flu and COVID-19 jabs this winter, to help protect yourself and those around you.



STAY WARM

If you are not very mobile, are 65 or over, or have a health condition, such as heart or lung disease, you should heat your home to at least 18C. This may help prevent colds, flu or more serious health conditions. We know that fuel costs will be a concern for many at the moment, and Stockport Council has advice and guidance for winter fuel and cold weather payments, together with cost of living advice. The Council has also created warm spaces in public buildings across the area.

Visit www.stockport.gov.uk/warm-well to find out more.



KNOW WHERE TO GO

If you are feeling unwell, you can get advice from your GP, from a pharmacy, or by calling NHS 111 or visiting [111.NHS.uk](https://111.nhs.uk)

Pharmacists can give treatment advice for a range of minor illnesses and can tell you if you need to see a doctor.

Choose the right care and keep A&E for emergencies - we are here for you in an emergency, but we also need you to help us by using our services wisely, to keep them for those who need them the most. Please remember to use the service most appropriate for your condition – if you're not sure where to go, contact NHS 111 for advice.



EAT WELL

Eating hot food can help keep you warm, and eating well and exercising can help ward off winter illnesses.

For help getting food, visit www.stockport.gov.uk/help-getting-food

GOING GREEN

Earlier this year we committed ourselves to an ambitious Green Plan to **reduce our greenhouse emissions by 85% by 2032, our business travel emissions by 75% by 2030, and a net-zero carbon footprint by 2040.**

Here's some of our recent projects working towards this goal.

pedal Power

We've improved our cycling facilities on site with the support of a £10,000 grant from Transport for Greater Manchester. The new facilities are more attractive and secure, have added shelter, and allow for a much greater number of cycles to be parked. Encouraging more cycling helps to promote more exercise and improve health and wellbeing, as well as reducing our emissions.



Water way to save

We've teamed up with Water Plus to develop new water checklists and guides which help identify areas where quick improvements in saving water can be made. Together we've also produced water efficiency packs to increase awareness of where water waste could occur - and to improve the reporting of any dripping taps or leaks across our sites.



Pick up sticks



We're encouraging recycling by offering patients more opportunities to return used walking frames, sticks and crutches provided by us if they are no longer being used. Local mobility shops are helping out by offering their outlets as additional drop-off points where they can be returned.

Visit www.stockport.nhs.uk/news_19171 for more information.

Let's all work together to keep safe this Winter

Making A Difference Awards 2022

We raised our glasses to celebrate outstanding care and dedication from our colleagues with a spectacular awards ceremony at Stockport Town Hall in October.

With the kind support of our sponsors, the Making A Difference Every Day awards included a much-deserved dinner and disco dance for all the staff and volunteers who were shortlisted from nominations drawn from both colleagues and the public.

The awards were hosted by BBC Health Correspondent Dominic Hughes together with our Chair Tony Warne and Chief Executive Karen James OBE, and presented by Nav Mishra MP and sponsors Armitage, CACI, Copeland Group, Grenier Bio-One, Griffiths and Arnour, NHS Professionals, Ryder, Rider-Hunt and Ricoh.

SPECIAL COMMENDATION

Ross Harrison



The final award of the evening was for Ross Harrison, an electrical engineer who saved the life of a member of the public outside of work with the use of a community defibrillator. Ross received a standing ovation from the audience in appreciation of his efforts.

NOMINATION - Nominated by Claire Gibson, Estates and Facilities Matron

Ross is a diligent and dedicated member of the Estates team here at Stockport, a trained electrician, working as the Electrical Maintenance Manager.

Recently outside of work and whilst completing a sponsored charity event, Ross came to the assistance of a member of the public who suffered a collapse and cardiac arrest.

He was able to use his knowledge from previous resuscitation training completed at work and showed that 'he cares' outside of work too. He delivered chest compressions, used a community defibrillator and successfully preserved this person's life.

Ross was grateful for having had the training that empowered him to know how to respond to the event.

All the team within Estates and Facilities are incredibly proud of Ross' contribution. He is now energised to assist the Estates and Facilities Matron to review the actions of Estates and Facilities teams should they be the first responder to an emergency scene and ensure that his colleagues feel as empowered as he did; empowered to assist and empowered to potentially to save a life.



VOLUNTEER OF THE YEAR

Carl Lester and Norma Duggan



RISING STAR

Hannah Christey, waiting list officer



FUNDRAISERS OF THE YEAR

Derek Farnell, Dave Jones and Stockport County FC



INSPIRATIONAL LEADER

Philippa Hamblett, Treehouse children's ward manager



UNSUNG HERO – non-clinical

Karen Proctor, Estates administrator



UNSUNG HERO – clinical

Catherine Moffatt, Staff nurse, Jasmine Ward



IMPROVEMENT, INNOVATION AND EFFICIENCY

Crisis response team



PATIENT'S CHOICE

Abigail Lathrope, Student midwife



PARTNERSHIP

Fran Jackson, School nursing lead



CLINICAL TEAM OF THE YEAR

Pelvic Health physiotherapy team



NON-CLINICAL TEAM OF THE YEAR

Single Point of Access team

Master CHEFS

Our chefs Erica Bell and Shelley Pearson-Smith did us all proud when they were named 'NHS Chefs of the year' in a competition run by NHS England celebrating the very best in health service catering.



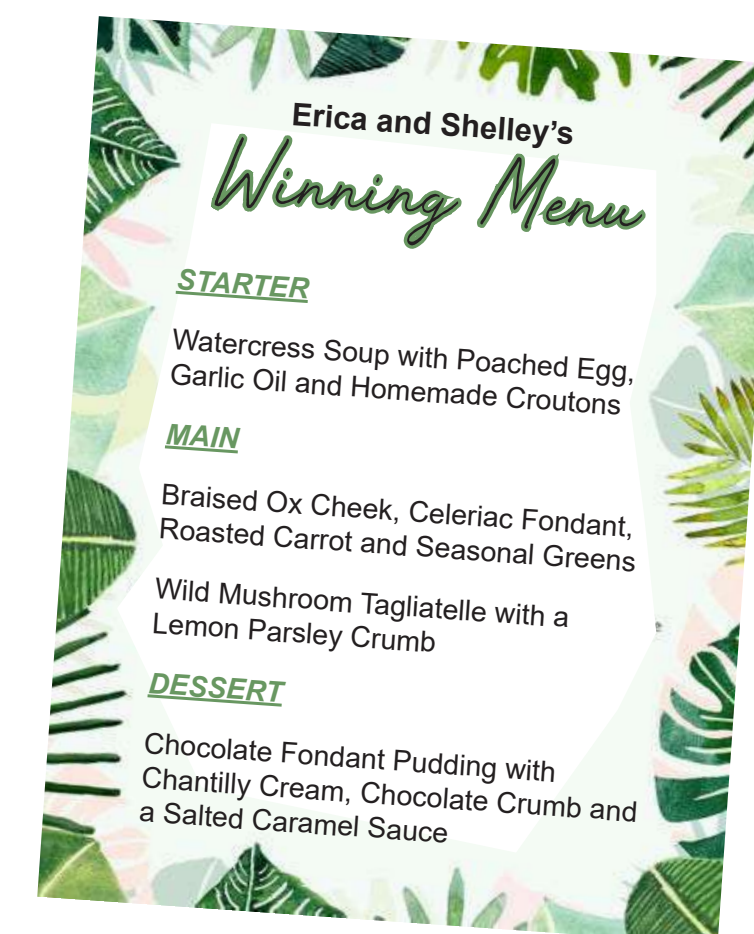
The contest saw Erica and Shelley competing against other top NHS chefs from across the country in a series of menu challenges at a catering academy in Warminster. The teams were judged on factors including flavour, innovation, nutritional value, affordability, and reducing the carbon footprint of ingredients.

In the last stage the three finalists had to create and deliver four dishes, comprising a starter and dessert, and two main courses in four hours. You can see their award winning menu below.

Announcing the results, the judges described Erica and Shelley's braised ox cheek main course as "sensational." Determined to impress, the pair also made their own bread for the croutons and their own pasta for the tagliatelle.

The winning pair also received best wishes from Prue Leith of the Great British Bake Off, who said "So pleased to see that the NHS Chef 2022 trophy was won by two female chefs from Stockport's Stepping Hill hospital. Congratulations Erica Bell and Shelley Pearson-Smith."

These awards join an increasing list of honours our catering team have now won in recent years.



Are you tempted by any of these tasty dishes?

You can make them at home! Just visit www.stockport.nhs.uk/page_3606 for the recipes or scan the QR code.





IMPROVING DELIRIUM CARE

A project by our community services to improve care and support for patients with delirium was recognised by them being shortlisted in the Health Service Journal Patient Safety Awards.

Working with Dementia United, our crisis response team put into place the Person Centred Community Delirium Pathway, so that colleagues could better recognise and screen symptoms of delirium, which is a condition which causes a short-term confused state and develops over hours and days; as a result of underlying illness.

Diagnosing it sooner leads to better treatment and management of the condition.



Student of the year!

Our Estates and Facilities Matron Claire Gibson won the title 'Postgraduate Taught Student of the Year 2022' from the University of Manchester.

They commended her committed professionalism, her clear passion for her role, and her exceptional performance.



It's been a busy few months for our Charity with amazing fundraising efforts in both Stockport and beyond.

An incredible charity ball was held in Manchester's Kimpton Hotel courtesy of Imelda Mounfield and her husband Gary Mounfield – best known to the world as Mani; legendary bass player for The Stones Roses and Primal Scream.

The fundraiser was Imelda's way of giving thanks following her diagnosis and treatment for cancer from both ourselves and the Christie, with proceeds going to both of our charities.

Hosted by journalist and musician John Robb, the ball was an evening of first-class entertainment, with DJ sets from Mani himself, Clint Boon and Luke Una, live performances from Manc music legend Rowetta, Danielle Moore (Crazy P), and the Tall Faces. There were also opportunities to win auction prizes donated by Manchester stars including David Beckham, Noel Gallagher, Johnny Marr, and Mani's old bandmate John Squire.

Money is still coming in from the guests who attended the spectacular evening.



Top for finance

Our finance director Kay Wiss was shortlisted in the national awards run by the Healthcare Financial Management Association (HFMA) for her outstanding performance.

Kay was recognised for qualities including providing all her staff with the support they need to develop, strengthening partnerships with other finance departments across Greater Manchester, and helping her finance department receive the highest level of accreditation from the Finance Leadership Council and NHS Skills Development Network.

CIRCUS SHOWCASE

We got a round of circus cheer thanks to Bramhall and Woodford Rotary Club, who organised a visit from the National Festival Circus to entertain the locals, with acts including a contortionist, slapstick clowns, foot jugglers and heavyweight jugglers, with another juggler all the way from Ecuador, in a show enjoyed by all.

The Rotary Club raised over £3000 which will go towards improving the parents room in our Treehouse children's unit and our charity paid them a visit of thanks, giving them a special presentation on the benefits both their donations and other charitable gifts can bring.

If your business, club, group, college or school would like to learn more about the charity then get in touch!
Email charity@stockport.nhs.uk or call 07857601315



Meet your Governor

SUE ALTING

In this edition we speak to Sue Alting, Appointed Governor from Age UK Stockport, and Lead Governor for our Council of Governors.



What got you involved as a Governor?

While most governors are elected, a few are appointed from local partner organisations. I became an appointed governor when the Trust invited Age UK Stockport to put forward a representative.

What previous experience do you think have helped you in your role as Governor?

I worked in the NHS for many years, mainly in Stockport, in community health services and later in service development and commissioning, giving me a good understanding of services. However, I also think that all life experiences can contribute to the role; being a service user, listening, how you deal with information, and being prepared to ask the right questions.

What aspects of the role of Governor particularly interest you?

I am particularly interested in the development of effective partnerships between health and social services, other public sector services and the 3rd sector, working together to make a real difference to the health and well-being of our local population. This of course is what the newly established Integrated Care Systems are all about.

What do you most want to achieve as a Governor?

I want to see the Trust delivering high quality services in a timely manner and with the best possible clinical outcomes, as well as being a great place to work and attracting good staff.

While wanting the best, I am well aware of the tremendous pressures the Trust is dealing with – the build-up of waiting lists through the pandemic, the increase in A&E attendance and need for emergency admission, and the challenges of discharging patients in a timely manner due to pressures in social care. And with winter on its way, these pressures may well increase further.

What do you consider to be the most important about being a Governor?

The Council of Governors is the voice of the community ensuring local people have a say in the running of their local hospital and community health services.

The role of governors is an important one – we hold a position that can give us a good understanding of local views and concerns, while standing outside of the Board and perhaps seeing things from a different perspective and offering different challenges. It's important to ask the right questions to keep the Trust moving in the right direction.

What advice would you give to anyone thinking of becoming a Governor?

Being a governor is a responsibility but also very rewarding. I would encourage anyone interested in being part of this 'making a difference' to consider standing. Governors are elected for three years so there are regular opportunities for new people to join.



Membership and Governor News

Elections

Recent elections and appointments have been held in the Bramhall & Cheadle, Marple & Stepping Hill and Staff constituencies, with the results as follows:

Bramhall & Cheadle:



Adrian Nottingham
(new governor)



John Pantall
(re-appointed)



Michelle Slater
(re-appointed)



Sarah Thompson
(new governor)

Marple & Stepping Hill



Val Cottam
(new governor)



Michael Cunningham
(new governor)



Richard King
(re-appointed)



Julie Wragg
(re-appointed)

Upcoming meetings

Council of Governors

14th December 2022, 12:00pm
22th February 2023, 3:00pm

Board of Directors

1st December 2022, 9.30am
2nd February 2023, 9.30am

All meetings can be accessed online and observed virtually - for details contact membership@stockport.nhs.uk

Staff



David McAllister
(new governor)



Adam Pinder
(new governor)

Members Event



999, WHAT'S YOUR EMERGENCY DEPARTMENT?

Friday 2nd December 2022, 10.00am - 11.00am

Lecture theatres, Pinewood Education Centre, Stepping Hill Hospital

Come and find out more about our new Emergency & Urgent Care Campus, currently under construction on the Stepping Hill Hospital site.

Hear from those involved in addressing the challenges and improvements being made to make sure patients receive the care that they need as quickly as possible.

To register for a free place please email us on membership@stockport.nhs.uk

YOUR PUBLIC GOVERNORS

All governors can be contacted via the Corporate Affairs Team - membership@stockport.nhs.uk

