

# STEPPING UP

SPRING 2022 EDITION



  
Congratulations  
A&E  
Rated as **Good** by:  
 Care Quality  
Commission

Congratulations A&E

Rated as **Good** by:



Have your say on health and care services

Vaccination booster & success

Visiting hospital

Awesome awards

Our Green Plan

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# GET IN TOUCH

Stockport NHS Foundation Trust,  
Stepping Hill Hospital, Poplar Grove,  
Hazel Grove, Stockport, SK2 7JE

-  0161 483 1010
-  [www.stockport.nhs.uk](http://www.stockport.nhs.uk)
-  [trust.enquiries@stockport.nhs.uk](mailto:trust.enquiries@stockport.nhs.uk)
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## Have your say... about your health and care services



**Stockport NHS Foundation Trust and East Cheshire NHS** are working together to understand how some health and care services could be improved and sustained in the future.

The trusts have a long and successful track record of working together and many patients move between services at both organisations to receive their treatment and support. We believe there are opportunities to further strengthen our work together, and develop new ways of working to deliver health services that:

- deliver better outcomes for patients
- give staff greater flexibility to develop their skills and experience
- attract staff to work with us and stay with us
- ensure high-quality and sustainable services for the communities we serve
- make the best use of available resources.

A six-week listening exercise is running from Monday 21<sup>st</sup> February 2022 to Saturday 2<sup>nd</sup> April 2022 to gather opinions from health and care staff, patients, carers and local people on what currently works well, what could be improved, and whether there are any barriers that stop people from accessing health services.

You can find out more and access the survey at

[www.localvoices.uk](http://www.localvoices.uk)



## Congratulations A&E

Rated as **Good** by:



We started our New Year with a much needed boost as our emergency services were officially rated as 'Good' in a new report from the Care Quality Commission (CQC).

The CQC made an unannounced two day visit to our emergency department (A&E) in November, checking on progress made since the inspectors last visited in August 2020, and then rated the service overall as 'inadequate.'

On their return visit inspectors rated the services as 'good' overall and 'good' across four of the five domains they review – safe, effective, caring and well-led. They praised staff for the care and treatment they provide to patients, who they treat with compassion and kindness, and the emotional support they provide to patients, families and carers.

The inspection report also stated we ensured there were enough staff to run the service, leaders ran the department well, and team members felt respected, supported and valued.

Congratulations  
A&E  
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### Karen James OBE, Chief Executive, said:

"This is good news for colleagues, who have put so much work in over many months to making improvements; and good news for patients, who can be assured about the quality of care they receive in our emergency department."



The latest rating from the CQC is a testament to not only the work our A&E team has put into improving the services, but also to the support they have received from many teams and individuals across the organisation, as well as in our partner organisations. Making these improvements has been a Trust-wide – and at times, a system-wide effort – and I would like to thank everyone who has contributed to so many positive changes."

# Giving vaccination a BOOST



We're encouraging local people to get their COVID-19 booster to back up their vaccinations.

As the year began, rising numbers of patients with the omicron strain of coronavirus were admitted to our hospital, putting great pressure on services. More people getting the booster is the single biggest step people can take in fighting the virus.

Helping to get the message out to the public has been Polly Begum, one of our senior nursing sisters. Polly was our very first staff member to receive her vaccination back in November 2020. She is helping NHS England to spread the word through their social media campaign which stresses the safety and effectiveness of the booster, and also taking part in local radio interviews too.

If you haven't received your booster yet, please do - it's the best way of protecting yourself and others. Visit [www.stockportccg.nhs.uk](http://www.stockportccg.nhs.uk) to find out where to get yours.

## Vaccination success for our research team

A new COVID-19 vaccination has now been authorised for use, following the efforts of researchers across the county, including our own Research and Innovation team.



The Medicines and Healthcare products Regulatory Agency (MHRA) has authorised the Novavax COVID-19 vaccine for use in the UK, meeting their strict standards of safety, quality and effectiveness. This follows rigorous clinical trials which saw over 1,600 volunteers from Greater Manchester take part, including those from Stockport. The study was the largest ever double blind, placebo-controlled vaccine trial to be undertaken in the UK.

Novavax has also been authorised by the European Medicines Agency and the World Health Organisation, meaning participants in the study will have their vaccination status recognised outside of the UK. Until this time, a number of countries had refused to recognise the vaccinated status of people who had taken part in this trial, leading to them facing difficulties in international travel – this is no longer the case.

**THANK YOU!**

We'd like to say a huge thank you to all the volunteers who helped our research team develop this new weapon in our armoury against the virus.



Help keep vulnerable patients and staff safe from the spread of COVID-19

While COVID-19 restrictions in daily life are coming to an end, hospitals and health care settings need to keep some rules in place to help keep our patients safe.

When coming to our site as a visitor please follow these guidelines.

**Face masks are required at all times unless exempt:** most patients need to attend hospital alone



If you have Covid-19 symptoms, stay at home and get tested



If you have a planned appointment, plan the quickest route to it



**Check our website for our latest visiting arrangements.**

If you are visiting a patient you will need to provide proof of a negative lateral flow test result (taken on the day). Do not attend if you have COVID-19 symptoms



When carrying out a lateral flow test you must wait a minimum of 15 minutes for the test results and no longer than 30 minutes



We will not tolerate aggression or violence towards our staff if they ask for proof of a negative test



# New critical care pods

New isolation rooms in our critical care unit are now up and active to enhance patient safety.

Patients in the unit, which cares for those who are more seriously ill, may have infections which mean they need to be kept isolated from others.

Four separate new isolation rooms (known as 'pods'), mean that patients now have more space in which to recover and receive the treatment they need.

With the number of isolation pods increased from one to four, beds can be used more flexibly, which has in turn improved the way patients move through our hospital.

We've also invested in a new laparoscopic theatre to providing keyhole surgery, and a new range of top quality decontamination equipment, which will be arriving in the next few months.



Best in the country for Urogynaecology care

During a recent accreditation, our urogynaecology team have received top marks in the country for their excellent service.

Following the service's assessment from the British Society of Urogynaecology (BSUG), which inspects and accredits NHS services across the country, it received a rating of 95%; the highest achieved by a unit in the country to date.

The urogynaecology service provides care and treatment for conditions related to the bladder and prolapse of the gynaecological organs in women, including urinary incontinence, vaginal / uterine prolapse and other pelvic floor disorders.

The assessment took in all aspects of care, treatment and aftercare. It praised the service for its excellent teamwork and high class care for women, and applauded high standards of clinical governance and the strong emphasis on research.

We're proud to know we're offering the best possible care for women with pelvic floor problems. The service is now one of just 38 urogynaecology departments accredited across the country.



# Awesome awards

Many of our colleagues have been recognised for their outstanding care and performance, both locally and nationally. Here's a round up of our most recent achievements.

## Praise for pain relief



Our service which supports inpatients experiencing pain won a brace of awards from the National Acute Pain Symposium in recognition of their superb work.

Service consultant Dr Tom Walton received the title of 'Acute Pain Consultant of the Year' for his work in our Acute Pain Service, and the team also received both 1st and 3rd prizes for their poster presentations on areas of pain management.

The service is involved in both training and education for clinical, medical and surgical staff, and also direct support and advice for patients themselves, in areas such as post-operative recovery.

## A presidential honour



Our head of procurement Tracey Stockwell received the President's Award from the Health Care Supply Association (HCSA), which represents healthcare professionals across the country.

Tracey helped ensure the consistent supply of healthcare materials including vital PPE throughout the ongoing challenges of the pandemic, while undergoing chemotherapy to treat her cancer.

Tracey has previously been honoured for her achievements with a personal call of congratulations from Prince William the Duke of Cambridge, and an invitation to the 73rd birthday commemoration of the NHS at St Paul's Cathedral. She only found out about her President's Award from a surprise visit from the HCSA while she was at work!

## Cooking with gas

One of our catering assistants, Charito Tantoy, was named as the best in the north west at a regional ceremony.

Charito won the title of 'Employee of the Year' at the annual awards North West branch of the Hospital Caterers Association, which represents hospital caterers in NHS hospitals across the country.

She was described by colleagues as a tireless, friendly and altruistic worker who was ready to cover shifts during the busiest times of the pandemic, and had been key in spearheading the hospital's new and improved electronic ordering system.

# Local HEROES

The Stockport Health and Care Awards were organised between Stockport Clinical Commissioning Group, Stockport Council and our Trust, to recognise the contribution of anyone who has worked, or volunteered, for a Stockport health and care organisation during the pandemic.

The award ceremony was a fantastic showcase of care from across the borough, and featured a surprise guest appearance from comedian Jason Manford.

Our own winners were the Mortuary Team for the 'Key Worker' award and student nurse Yanina Rothwell-Holland for the 'Learner' award.



Mortuary Team - 'Key Worker' award



Yanina Rothwell-Holland - 'Learner' award

## GREMLIN IN THE MACHINE

A more light-hearted award came for our orthopaedic technicians Liz Halliday, Sally Mooney and Shelly Lay-Flurrie, who won the Benecare Plaster Sculpture award for their amazing sculpture of Gremlin and Mogwai which they made entirely from leftover plaster materials.



Their colourful creation brightened up one of our outpatient waiting room for patients and staff over the Christmas period.



# DRAWINGS for dementia



Budding local artists in Stockport and the High Peak have been helping us with a new art project to support our patients living with dementia.

Ruth Terry, our matron for dementia care, launched a competition for people to send in their designs for a planned new therapeutic colouring book which will help to soothe these patients and put them at ease.

The top three winning entries have now been announced:- from Cathy Carberry; Amy Kershaw, and Craig Callinor. Pupils from locals schools Priestnall High School, Covenant Christian School, St James Catholic School, Ashcroft School have also been involved, as well as well known comic artist Tony Husband.

Thank you to everyone who took part and contributed to this very special project!

Ruth with the winning drawings.



## Electric vans get our Green Plan on the road

We've made a big new pledge to become a carbon neutral trust to support the environment, and our smart new electric vans are helping us on the way.

The four new vehicles are now transporting goods such as prescriptions, post and pathology samples to and from the hospital, reducing the carbon emissions we release on the road.



This is just the start of our new Green Plan to help reduce the impact of global warming, which is a serious threat to the health of millions. Our ambitious targets include:-

All our vehicles to be ultra low or zero emission

A 75% cut in our business travel emissions by 2030

Zero waste going to landfill

Single use plastics in catering being phased out

Achieving a net zero carbon footprint by 2040

We are currently in the process of replacing our current energy suppliers to those which use renewable energy as another key step on our journey.



# News in brief

## CHURCH ORGANS

Our consultant Dr Matt Jackson rode an epic 2000 miles taking in cathedrals across the country to promote both healthy living and Organ Donation Week.

Matt's incredible bike ride took him along a scenic route, visiting 42 Anglican Cathedrals on the way, during his annual leave.

He was riding to help promote the week which encourages families to have conversations about organ donation, no matter what their age.



## BOXING CLEVER

We have recently introduced personal possession boxes for inpatients to help keep their possessions safe.

The boxes safely store small items such as spectacles, dentures and hearing aids to help prevent them getting lost.

The boxes are part of helping a patient's stay feel safe and secure.



## International boost for nursing care

We've made a commitment to recruit a new intake of 110 international nurses by the end of 2022 to help us deliver high class care though challenging times.

25 nurses have already started with us in the past couple of months, and are now working on medical and surgical wards at the hospital.

The main country of origin for the new recruits is India, with others including Nigeria and Zimbabwe.



## Flying the flag for wellbeing



BOARDING PASS



Care for our colleagues 'took off' thanks to a visit from a special wellbeing bus to the hospital site.

The bus is the work of 'Project Wingman', a charity formed by flight crew during the COVID-19 pandemic to give NHS workers the chance to take time to care for themselves, as well as others, during their busy workdays. They offer their time, knowledge and skills to serve and support NHS staff, providing vital wellbeing and mental health support.



The bus was on-site last November, with a return visit in February this year. The bus was just the first of a series of health and wellbeing projects for colleagues which started this year; with our January wellbeing month including subsidised food vans, mindfulness sessions, the promotion of wellbeing apps and the launch of our enhanced psychological wellbeing support.

If you're a member of our workforce interested in wellbeing support, then please check out the health and wellbeing microsite on our intranet.



**#TeamStockport**  
**HEALTH & WELLBEING SERVICES**



## HELPING YOUR LOCAL NHS TO HELP YOU

As the official charity of Stockport NHS Foundation Trust, we go above and beyond to help provide an even better NHS for our patients and staff.

All funds donated to Stockport NHS Charity make a real difference!

### Garden Paradise

Patients recovering at our stroke unit now have lovely new garden furniture on which to relax following recent funding from the charity. The luxury wooden furniture from Charles Taylor also makes an attractive new feature for the gardens at the unit.

And that's not all, new sensory planters from Toolstation have been installed. Planters of this kind can play an important role in sensory retraining exercises for people recovering from stroke.

The gifts have played a great role in revitalising the garden area for our stroke patients.

### Donations from Duffy dance

Our charity got a very generous donation following a fundraising event organised by Michael Duffy Developments, a local housing development firm from Cheadle.

Entertainment at the event at Mottram Hall In December included Irish dancing, raffles, and a set by local band Obsidian. Over £5000 was raised for future projects for patients.



### WANT TO KNOW MORE?

Follow us on social media to see how we're making a difference every day:

- [www.Stockport.nhs.uk/Charity](http://www.Stockport.nhs.uk/Charity)
- [@StockportNHSCharity](#)
- [@SNHSCharity](#)

Sign up to receive our Charity e-newsletter with updates about our work and opportunities to get involved by emailing [charity@stockport.nhs.uk](mailto:charity@stockport.nhs.uk)



# YOUR GOVERNORS

**Public - Outer Region (1 seat)**

**Muhammad Zuhedur Rahman**  
gov-muhammad.zuhedur.rahman@stockport.nhs.uk  
Covers Cheshire East, Manchester, Trafford, Salford, Oldham, Rochdale, Bury, Bolton, Wigan and those wards in High Peak not covered under the High Peak seats.

**High Peak & Dales and Tameside & Glossop (3 seats)**

**Lance Dowson**  
gov-lance.dowson@stockport.nhs.uk

**Thomas Lowe**  
gov-thomas.lowe@stockport.nhs.uk

**Janet Browning**  
gov-janet.browning@stockport.nhs.uk  
Covers the following wards in High Peak: Barms, Blackbrook, Burbage, Buxton Central, Chapel East, Chapel West, Corbar, Cote Heath, Hayfield, Limestone Peak, New Mills East, New Mills West, Sett, Stone Bench, Temple and Whaley Bridge.

**Public - Tame Valley & Werneth (4 seats)**

Vacancy

Vacancy

Vacancy

Vacancy

Brinnington and Central, Reddish North, Reddish South, Bredbury and Woodley, Bredbury Green, Romiley.

**Public - Heaton & Victoria (2 seats)**

Vacancy

**David Huddleston**  
gov-david.huddleston@stockport.nhs.uk  
Heaton North, Heaton South, Davenport and Cale Green, Edgeley, Cheadle Heath, Manor.

**Public - Bramhall & Cheadle (4 seats)**

**Dr Robert Cryer**  
gov-robert.cryer@stockport.nhs.uk

**Michelle Slater**  
gov-michelle.slater@stockport.nhs.uk

**Toni Leden**  
gov-toni.leden@stockport.nhs.uk

**John Pantall**  
gov-john.pantall@stockport.nhs.uk  
Bramhall North, Bramhall South, Cheadle Hulme South, Cheadle and Gatley, Cheadle Hulme North and Heald Green.

**Marple & Stepping Hill (4 seats)**

**Zahida Ikram**  
gov-zahida.ikram@stockport.nhs.uk

**David Rowlands**  
gov-david.rowlands@stockport.nhs.uk

**Julie Wragg**  
gov-julie.wragg@stockport.nhs.uk

**Richard King**  
gov-richard.king@stockport.nhs.uk  
Marple North, Marple South, Hazel Grove, Offerton, Stepping Hill.

Stockport NHS Foundation Trust,  
Stepping Hill Hospital,  
Poplar Grove,  
Hazel Grove,  
Stockport,  
SK2 7JE  
Telephone: 0161 483 1010  
Email: [trust.enquiries@stockport.nhs.uk](mailto:trust.enquiries@stockport.nhs.uk)



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