

Top 10 tips

Responsibilities for minimising COVID spread whilst a patient in hospital

1. Increase hand hygiene frequency using facilities provided
2. Wear a surgical face mask which will be provided for you by the staff
3. If you are unable to tolerate the surgical mask or refuse, this will be clearly documented within your medical notes
4. Maintain 2 metre social distance where possible when mobilising
5. Only leave your bed area if going to the toilet or going off the ward for investigations
6. Do not bring unnecessary items in with you as this can inhibit effective cleaning
7. A nominated family member or friend can be provided with information updates. Please ask staff for further information
8. Maternity patients should only have a single birthing partner or sole visitor. Children should only have one parent
9. Immediately inform a staff member if there is a change in your condition e.g. cough, sore throat, no taste or smell
10. Inform staff immediately if you have ever had a COVID positive test

Respect each other during these difficult times