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| **Name:** | **Mat No.** | **Ward:** |

* To be used on all immobile women and women at risk on the maternity unit.
* To be completed on all women within one hour of admission to DS and Mat 2.
* To be reassessed in labour when ANY of the risk factors occur, i.e. insertion of epidural.
* To be completed on transfer to another area including recovery.
* Score ALL that apply

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| **Score** | **Date** |  |  |  |  |  |  |  |
| **Time** |  |  |  |  |  |  |  |
| **BMI** |  |  |  |  |  |  |  |  |
| <19  | **3** |  |  |  |  |  |  |  |
| 20 – 25 | **0** |  |  |  |  |  |  |  |
| 26 – 30 | **1** |  |  |  |  |  |  |  |
| >31 | **3** |  |  |  |  |  |  |  |
| **SKIN CONDITION** |  |  |  |  |  |  |  |  |
| Healthy  | **0** |  |  |  |  |  |  |  |
| Thin / Discoloured / Oedematous | **2** |  |  |  |  |  |  |  |
| Broken | **3** |  |  |  |  |  |  |  |
| **MEDICAL CONDITIONS** |  |  |  |  |  |  |  |  |
| Anaemia | **2** |  |  |  |  |  |  |  |
| Disability | **5** |  |  |  |  |  |  |  |
| Diabetes | **4** |  |  |  |  |  |  |  |
| Hyperemesis | **5** |  |  |  |  |  |  |  |
| **SUBSTANCE MISUSE** |  |  |  |  |  |  |  |  |
| Smoking | **1** |  |  |  |  |  |  |  |
| Alcohol | **3** |  |  |  |  |  |  |  |
| Drugs | **5** |  |  |  |  |  |  |  |
| **MULTIPLE PREGNANCY** |  |  |  |  |  |  |  |  |
| Twins | **2** |  |  |  |  |  |  |  |
| Triplets | **5** |  |  |  |  |  |  |  |
| **HAEMORRHAGE** |  |  |  |  |  |  |  |  |
| APH / IPH / PPH (500mls or more) | **2** |  |  |  |  |  |  |  |
| Membrane rupture | **2** |  |  |  |  |  |  |  |
| Urinary / faecal incontinence | **2** |  |  |  |  |  |  |  |
| **ANAESTHESIA** |  |  |  |  |  |  |  |  |
| Epidural | **5** |  |  |  |  |  |  |  |
| Spinal / General | **6** |  |  |  |  |  |  |  |
| Prolonged second stage (over 2 hours) | **4** |  |  |  |  |  |  |  |
| **INSTRUMENTAL DELIVERIES** |  |  |  |  |  |  |  |  |
| Ventouse / Forceps | **4** |  |  |  |  |  |  |  |
| **OPERATIVE PROCEDURES** |  |  |  |  |  |  |  |  |
| Caesarean Section | **5** |  |  |  |  |  |  |  |
| Other operative procedure | **4** |  |  |  |  |  |  |  |
| **MOBILITY** |  |  |  |  |  |  |  |  |
| Restless  | **1** |  |  |  |  |  |  |  |
| Apathy | **2** |  |  |  |  |  |  |  |
| Cont CTG | **3** |  |  |  |  |  |  |  |
| Inactive | **4** |  |  |  |  |  |  |  |
| Bed / Chair bound | **5** |  |  |  |  |  |  |  |
| High Dependency | **6** |  |  |  |  |  |  |  |
| **TOTAL (>10 at risk, >20 very high risk)** |  |  |  |  |  |  |  |
| **Nurse’s Initials** |  |  |  |  |  |  |  |

**If the score is above 10 please give patient information leaflet “Pressure Ulcer Prevention” (available on the Tissue Viability (TV) microsite) to the lady and her birth partner.**

**Action Plan to prevent risk of pressure sores if score above 10**

Actions must be record in the boxes below, at a minimum 2 hourly in labour, on admission to PN ward and **2 hourly** until fully mobile. This may be completed by a simple tick, stating the lady’s position, Sorbaderm cream applied to red or moist areas and or any aid used.

Consider the use of pressure reliving mattresses if not in labour if score is above 20. (See TV microsite)

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| **Date / time** | Pressure ulcer prevention leaflet given | Position | Ensure sheets correctly positioned/ clean/dry.(Consider gel mats) | Examine pressure areas, ensure sacral area is kept dry or cream applied.  | Manual handling aid used. I.E. slide sheets | Any issues identified.**Signed** |
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**Please record skin integrity in the patient’s notes, prior to transfer to another area IE recovery, Mat 2**